

I live in Royal, AR with my husband, Keith, and two teenage children, Jace and Ava. Most of my childhood memories involve the outdoors and riding horses. As an adult, I continue to be drawn to the outdoors and I am passionate about providing people the opportunity to improve health and well-being through nature-based experiences. Not only does nature provide us with resources for our basic needs, it has a way of activating our sensory system, promoting language learning, using our imagination, increasing curiosity, and exploration while giving us a feeling of peace and relaxation. This setting provides children an opportunity for development and exploration that cannot always be achieved with technology or within walls of a clinic setting. It provides adults a functional setting to regain skills, independence and endurance.

I love being a service provider and I love the great outdoors. I am so blessed and thankful to be provided the opportunity to bring these two things together and serve our community!